

LUNG CANCER IS THE SAME
IN EVERY LANGUAGE



MONIKA,
HAVERING

DO YOU KNOW THE SIGNS?
WE NEED TO TALK ABOUT IT.

WHATEVER OUR BACKGROUND OR THE LANGUAGE WE SPEAK, THE SIGNS OF LUNG CANCER ARE THE SAME.

The symptoms of lung cancer can develop over time, and it's important to notice changes in how you feel. Lung cancer can affect anyone, even if you have never smoked.

SIGNS AND SYMPTOMS TO BE AWARE OF:



A cough that lasts for three weeks or more



A cough that changes or gets worse



Coughing up blood



Recurring chest infections



Shortness of breath even when not exercising



Fatigue



Losing weight without trying to

WHEN TO GET HELP

If you notice any signs or symptoms, or something doesn't feel right – especially if you've had a cough lasting more than three weeks or with other symptoms – speak to your GP.

The sooner you get checked, the better your chances of getting the right care. Early action can make a big difference.



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HEAR MONIKA'S STORY

NHS
North East London
Cancer Alliance

 ROY CASTLE
LUNG CANCER
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 **HoPEC**
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